



Example Itinerary

Childcare & Community Work in Kenya

*The following is an example itinerary. Please note arrangements change from year to year and session to session based on the goals of the programme, need of the community, and size of the groups. Please use this itinerary as a general guide to the structure of the projects.

DAY NO.	WEEKDAY	TIME	ACTIVITY
1	Sunday	All day	ARRIVAL: Arrival all day. Pick up from the airport and transfer to accommodation
2	Monday	Morning	• Breakfast, followed by local area orientation of Nanyuki and general induction.
		Afternoon	• Welcome lunch at a local restaurant, followed by a trip to the shops to change money and set up local phones. • Care activity workshop
		Evening	• Dinner at host family
3	Tuesday	Morning	• Breakfast, followed by placement orientation and project briefing.
		Early Afternoon	• Lunch at placement
		Afternoon	• Interaction and educational activities with kindergarten children.
		Evening	• Dinner and relax at home
4	Wednesday	Morning	• Breakfast, followed by renovation work at local school.
		Early Afternoon	• Lunch at placement
		Afternoon	• Swahili language lesson
		Late Afternoon	• Shopping at the market
		Evening	• Dinner and rest at host family.
5	Thursday	Morning	• Breakfast, followed by renovation work at local school.
		Early Afternoon	• Lunch at placement
		Afternoon	• Care outreach programme
		Early Evening	• Lunch at restaurant
		Evening	• Dinner & games at host family
6	Friday	Morning	• Breakfast, followed by renovation work at local school.
		Early Afternoon	• Lunch at placement
		Afternoon	• Football and volleyball with children
		Late Afternoon	• Shopping for supplies for safari
		Evening	• Dinner and an early night before the weekend activities
7	Saturday	All day	Day trip to Ol Pejeta Conservancy for safari
8	Sunday	All day	Day trip to Samburu Maasai village and visit a wildlife orphanage
9	Monday	Morning	• Breakfast, followed by renovation work at local school.
		Early Afternoon	• Lunch at placement
		Afternoon	• Art class with children
		Evening	• Dinner and relax at home
10	Tuesday	Morning	• Breakfast, followed by renovation work at local school.
		Afternoon	• Lunch at placement
		Evening	• Cultural dance session
11	Wednesday	Morning	• Breakfast, followed by renovation work at local school.
		Early Afternoon	• Lunch at placement
		Afternoon	• Prepare dinner for children at care placement
		Evening	• Dinner and relax
12	Thursday	Morning	• Breakfast, followed by finishing the renovation work at the local school.
		Afternoon	• Light lunch
		Late Afternoon	• Local cooking lesson and BBQ for dinner.
13	Friday	Morning	• Breakfast before heading to the school to present the finished building work and say goodbye to children.
		Early Afternoon	• Lunch at restaurant
		Afternoon	• Souvenir shopping
		Evening	• Farewell dinner at host family
14	Saturday	All day	Departures